

SCHEME NEWS

Home
START

Support and friendship
for families

Newsletter from Home-Start Portsmouth
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www.hsportsmouth.org.uk

Spring 2010

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Dear All

I hope this newsletter finds you all well and that you are all enjoying the upturn in the weather – it was a LONG winter! We are entering a new and very exciting time here at Home-Start Portsmouth and I know you will all join me in welcoming our new Co-ordinator, Lorraine, to the team. Lorraine's new post will be largely funded by the PCT in recognition of the fact that the work we do here can have many health benefits for mums and dads that are experiencing mental health difficulties, such as depression. The new role will enable us to work with even more families in Portsmouth and will I'm sure be a great success!

The Home-Start Portsmouth Team



Quilt Raffle



Many, many thanks to Elspeth for making the quilt and all those who sold and bought tickets. The final total raised was a brilliant £320 and the quilt was won by a friend of Tina Payne, who was absolutely thrilled to receive it.

Want to keep fit and healthy? Make some new friends?
Join Walking Friends Portsmouth

Everybody welcome!

www.walkingfriends.org.uk

02392863224

You can also pick up a leaflet from Portsmouth City Council

Portsmouth CHAT, Family Information Service

This service gives a range of support and ideas for child-care, leisure activities, tax credit info and much more. You can make an appointment or drop into The IAG Centre, Arundel Street.

Thursdays 9-5pm

Or ring 02392 695000

Stop Loan Sharks

Contact the **Illegal Money lending Team** on
0300 555 2222

Or visit www.direct.gov.uk/stoploansharks

The Southsea Carnival is back on 24th July 2010



Families, children and volunteers needed to walk in the procession to help us fundraise in aid of Home-Start Portsmouth family activities. You will be needed from 10.30am till 2.30pm – decorate your child's buggy and yourselves and join us for a fun afternoon and bring a picnic. Prize for the best dressed family – theme to be decided.

REGISTER YOUR INTEREST – CONTACT THE OFFICE ON 023 92734400 BY 1ST JUNE 2010

Rights for Dads

For information on flexible working hours and Paternal Leave

www.direct.gov.uk/dadsatwork

www.hsportsmouth.org.uk

Home-Start Portsmouth's website is up and running and updated regularly. Please remember to check for forthcoming events or if you would prefer to receive updates by text please make sure we have your details.

Latest News from Home-Start Towers



There is no other news from Home-Start this month other than me winning the 4.5kg chocolate egg at the Skittles evening raffle. It was destiny, a marriage made in heaven, two lost souls reuniting! Shall I go on? Heidi commented that it was similar to watching a contestant on 'The Price is Right'!

We are an expanding organisation, and not just in waistline but in bums on seats. Lorraine joined us on Monday as a Co-ordinator, so that makes the grand total of 7 paid members of staff. I'm sure you will all meet Lorraine over the next couple of months.

Summer is an exciting time as we have confirmed our Paulton's Park date as 16th June. I love Paulton's Park so I hope many families and volunteers will join us on the day for lots of fun.

The groups are going from strength to strength and we have 5 now, one on each day of the week in different parts of the city. Tina is her name and group worker is her game! Call us if anyone wants more information.

JO

Rainbow Guides

Girls can get involved in all sorts of fun activities- from singing, games, dressing up, face painting and cooking. Making last friends and learning positive values for life.

Ages 5-7

0800 169 5901

Email: join.us@girlguiding.org.uk

Web: www.girlguiding.org.uk

Prisoners' Families helpline

The National Helpline offering information and support.

Call free on 0808 808 2003

www.prisonersfamilieshelpline.org.uk

Fed up waiting for a doctor's appointment? Unhappy with the care an elderly relative is receiving? Can't find an NHS dentist? 'Portsmouth LINK' wants your feedback to help improve the future of local health and social care.

Let them know your thoughts via:

portsmouthlink@hapuk.co.uk

02392 811377 / 0845 6015859

Friends of Home-Start News

The recent Skittles Night was enjoyed by all who attended (especially Jo!) and over £133 had been raised. Forthcoming fundraising events include a Quiz Night, Fashion Show, Beetle Drive and, back by popular demand, a Ladies Night!!!! Dates are at the bottom of this page so don't forget to put them in your diaries. Friends of Home-Start are also looking into making a stock of items to sell at craft fayres so if you have any ideas or would like to help out please contact Wendy or come along to the next FoH meeting on Thursday 20th May. They would also be grateful for any broken jewellery, buttons, beads, scraps of nice material or unwanted wooden hangers. Lastly, a big thank you to Wendy and her team for all their hard work, without which we would not be able to offer families the chance of a Summer Outing and a Christmas Party.

For more information or to buy tickets please contact the Home-Start office on 023 92734400 or

Wendy on 07941 221214 or

email: wenjanhow@fsmail.net

FRIENDS OF HOME-START MEETING (including Craft)

THURSDAY 20th MAY

10.30am onwards (bring lunch)

QUIZ NIGHT

FRIDAY 7th MAY

Rose in June, Milton Road

LADIES NIGHT 2010

FRIDAY 9th JULY

Tickets on sale soon!!

SOUTHSEA CARNIVAL

SATURDAY 24th JULY

(10.30am - 2.30pm)

LIONS FAYRE

SUNDAY 25th JULY

TRAVELLING TRENDS

FASHION SHOW

SATURDAY 13th NOVEMBER

